

Are you intending to claim for your chiropractic treatments on your insurance?

Here are some useful tips.

1 – Most health insurance companies do not require a GP referral for chiropractic treatment. You do, however, need to contact them yourself to inform them that you intend to have chiropractic treatment. You will be required to inform them as to why you intend to have treatment as well as providing them with the name of your chiropractor (provider). If the chiropractor has worked for the insurance company in the past, he/she will have a provider number that you can quote.

2 – BUPA does require a GP referral for chiropractic treatment. You can either make an appointment to see your GP, or simply call them and tell them that you need a referral for chiropractic treatment. The GP will then send a letter to BUPA - sometimes they will send you or your chiropractor a copy as well.

3 – Make sure you have authorisation for treatment before you commence

4 – Your health insurance may or may not cover imaging such as MRI scans and x-rays. Your chiropractor will be able to refer you directly for imaging, make sure you get a receipt for any cost incurred so that you can present these with your claim.

5 – Most providers prefer you to pay for your treatments as they arise and then claim the costs back from your health insurance company. Make sure you discuss this with your chiropractor before you start your treatment plan.

6 - Remember that they may not cover existing problems at the time of starting your insurance



ONE TO ONE PERSONAL TRAINING | CHIROPRACTIC | SPORTS MASSAGE

Frogmarsh Mill, South Woodchester, Stroud GL5 5ET. Tel 01453 873811 Email: carl@personalbeststudio.co.uk

www.personalbeststudio.co.uk